East Baton Rouge Parish School System
Discipline Center Counseling Contract

The East Baton Rouge Parish Discipline Center Program is intended to counsel disruptive students, provide time to complete instructional assignments and reduce instances of inappropriate behavior on campuses throughout the parish. To ensure your success while attending the Discipline Center it is very important that you read this contract very carefully. Failure to comply with the terms and conditions of this contract may result in denial of credit for attendance purposes.

Student Discipline Agreement

I, _____, agree to the following:
Student's Name (Print)

1) To meet attendance requirements set by the Discipline Center
2) To arrive at the center on time
3) To behave appropriately in class.
4) To complete and make-up all assigned work from home school.
5) To complete all assigned work received from the Discipline Center.
6) To participate in all classroom discussions.

*Student's Signature*_____ *Date*_____

*School Name*_____ *Grade*_____

While attending the Discipline Center I received individual/group counseling on the following:

1) Warning Signs of Anger
   - Tense Muscles
   - A Loud Angry Voice
   - Accelerated Heart Rate
   - Rapid Breathing
   - A Desire to Break Things or Hurt Someone
2) How to Avoid Conflict and Stay Out of a Fight
   - Ignore the Person
   - Take Deep Breaths
   - Talk Calmly to the Person
   - Don't Let Friends Push you into a Fight
   - Move Away from the Person
   - Ask Person Politely to Stop
   - Leave the Situation
   - Get Help from an Adult
3) Negative Consequences of Anger
   - Suspension
   - Expulsion
   - Arrested
   - Jailed
   - Sued
   - Injured / Killed

Reason for suspension/expulsion:	Fighting		Weapons		Drugs		Other	

Counselor: _____ *Individual* ☐ *Group* ☐
*Teacher/Moderator/Social Worker/**I Care** Counselor* *Counseling Session*

White - Discipline Center **Yellow** - Student **Pink - Referring School**